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The Awakening



WEEK 1
The Awakening

THIS WEEK IS ABOUT GENTLY
TUNING INWARDS, WAKING
UP YOUR INNER VOICE, AND
CREATING SPACE FOR
CURIOSITY, STILLNESS, AND
SELF-AWARENESS.

SELF REFLECTION

WHAT DOES **CREATIVITY**
MEAN TO ME RIGHT NOW?

1
DAY

AFFIRMATION
My creativity is unique and worthy.

DAILY
Challenge

FREE-WRITE FOR **10-MINUTES**
WITHOUT EDITING.