

INCLUDES DAILY
Prompts

DETAILS
The Journal

WEEK 1 - THE CLEARING	1
Day 1 to 7	
WEEK 2 - THE IMAGINING	17
Day 8 to 14	
WEEK 3 - THE ALIGNING	33
Day 15 to 21	
WEEK 4 - THE WRITING	49
Day 22 to 28	
DAILY INSTRUCTIONS	65

The Clearing



WEEK 1
The Clearing

THIS WEEK HELPS YOU
RELEASE PAST **PATTERNS**
AND BELIEFS TO MAKE SPACE
FOR POSSIBILITY, VISION, AND
GROWTH.

SELF REFLECTION

WHAT IF I ALREADY HAVE
EVERYTHING I NEED TO
BEGIN?

1
DAY

AFFIRMATION
I am ready. I am enough.



REFINED
RUBY
Studio