## **INCLUDES DAILY**



The Journal

WEEK	] –	THE	CURIOSITY	
			Doy 1 to	7

Day 1 to 7

WEEK 2 - THE MOMENTUM 17

1

WEEK 3 - THE EXPRESSION 33

Day 15 t

WEEK 4 - THE CREATIVITY 49

Day 22 to 2

DAILY INSTRUCTIONS

The Curiosity



THIS WEEK IS ABOUT

REAWAKENING, YOUR NATURAL

CURIOSITY. YOU'LL GENTLY BEGIN

TO NOTICE WHAT LIGHTS YOU

UP, TUNE INTO YOUR INNER

CREATIVE PULSE, AND TAKE

YOUR FIRST STEPS TOWARD

JOYFUL EXPRESSION.



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WHAT HAVE I BEEN CURIOUS ABOUT LATELY?





AFFIRMATION
Curiosity is the doorway to creativity.

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Challenge





